


January

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|--|---|--|--|---|
| <p>5</p> <p>Brown Sugar Glazed Ham</p> <p>OR</p> <p>Blackened Chicken Thighs</p> <p>Broccoli Rice Casserole</p> <p>Lima Beans</p> <p>Wheat Roll</p>  | <p>6</p> <p>Red Beans w/Sausage</p> <p>OR</p> <p>Tuna Stuffed Tomato</p> <p>Fluffy Rice</p> <p>Sauteed Zucchini</p> <p>Cornbread</p> | <p>7</p> <p>Meatloaf</p> <p>OR</p> <p>Baked Fish</p> <p>Mashed Potatoes</p> <p>Buttered Corn</p> <p>Warm Roll</p> | <p>8</p> <p>Salmon</p> <p>Florentine Pasta</p> <p>OR</p> <p>Turkey & Sausage</p> <p>Jambalaya</p> <p>Green Peas</p> <p>Garlic Breadstick</p> | <p>9</p> <p>**Neil's Famous Fried Chicken</p> <p>OR</p> <p>Seafood Gumbo</p> <p>Rice</p> <p>Herbed Red Potatoes</p> <p>Cabbage</p> <p>Cornbread Muffin</p> | <p>10</p> <p>Lemon Baked Fish</p> <p>OR</p> <p>Sliced Pork w/Gravy</p> <p>Squash Casserole</p> <p>Parmesan Roasted Broccoli</p> <p>Rice</p> <p>Garlic Bread</p> | <p>11</p> <p>Beef Tips</p> <p>OR</p> <p>Smothered Chicken</p> <p>Egg Noodles</p> <p>Seasoned Green Beans</p> <p>White Roll</p> |
| | | | | **Fried in Peanut Oil | | |