

# July

| SUN                                                                                                                               | MON                                                                                                                                     | TUE                                                                                                                                  | WED                                                                                                                                             | THU                                                                                                                                                  | FRI                                                                                                               | SAT                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| <b>19</b><br>Smothered<br>Pork Chop w/Rice<br>OR<br>BBQ<br>Chicken Thighs<br>Southern<br>Cabbage<br>BBQ Baked Beans<br>Sweet Roll | <b>20</b><br>Tuna Salad<br>w/Crackers<br>OR<br>White Beans<br>w/Ham & Rice<br>Cucumber<br>& Tomato Blend<br>Collard Greens<br>Cornbread | <b>21</b><br>Braised Beef Tips<br>w/Gravy<br>OR<br>Shrimp Alfredo<br>Angel Hair<br>Pasta<br>Rice<br>Steamed Broccoli<br>Garlic Toast | <b>22</b><br>Chicken & Sausage<br>Gumbo w/Rice<br>OR<br>Grilled<br>Turkey & Swiss<br>Sandwich<br>Potato Salad<br>Sliced Carrots<br>Potato Chips | <b>23</b><br>**Neil's Famous<br>Fried Chicken<br>OR<br>Hamburger Steak<br>w/Mushroom<br>Gravy<br>Corn<br>Homestyle<br>Mashed Potatoes<br>Dinner Roll | <b>24</b><br>Salmon<br>w/Dill Sauce<br>OR<br>Fried Pork Chop<br>Baked Potato<br>Sautéed<br>Asparagus<br>Warm Roll | <b>25</b><br>Meat Sauce<br>w/Penne Pasta<br>OR<br>Chicken Pot Pie<br>Italian<br>Green Beans<br>Garlic<br>Breadsticks |
|                                                                                                                                   |                                                                                                                                         |                                                                                                                                      |                                                                                                                                                 | **Fried in Peanut Oil                                                                                                                                |                                                                                                                   |                                                                                                                      |