



# November

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>12</b></p> <p>Brown Sugar Glazed Ham</p> <p>OR</p> <p>Blackened Chicken</p> <p>Broccoli Rice Casserole</p> <p>Spinach</p> <p>Wheat Roll</p> 	<p><b>13</b></p> <p>Monterey Chicken</p> <p>OR</p> <p>Meatloaf w/Gravy</p> <p>Rice Pilaf</p> <p>Grilled Zucchini</p> <p>Dinner Roll</p>	<p><b>14</b></p> <p>Jambalaya</p> <p>OR</p> <p>Salmon Florentine Pasta</p> <p>Parmesan Roasted Broccoli</p> <p>Breadstick</p>	<p><b>15</b></p> <p>Sliced Turkey w/Gravy</p> <p>OR</p> <p>**Crab Cakes w/Remoulade Sauce</p> <p>Yellow Rice</p> <p>Mixed Veggies</p> <p>Wheat Roll</p>	<p><b>16</b></p> <p>**Neil's Famous Fried Chicken</p> <p>OR</p> <p>Braised Lemon Herb Chicken</p> <p>Herbed Red Potatoes</p> <p>5 Way Vegetables</p> <p>Yeast Roll</p>	<p><b>17</b></p> <p>**Mark's Famous Fried Catfish</p> <p>OR</p> <p>BBQ Pulled Pork</p> <p>French Fries</p> <p>Greens</p> <p>Cornbread</p>	<p><b>18</b></p> <p>Beef Stroganoff</p> <p>OR</p> <p>**Chicken Fried Steak w/Country Gravy</p> <p>Egg Noodles</p> <p>Green Peas</p> <p>White/Wheat Roll</p> 
			**Fried in Peanut Oil	**Fried in Peanut Oil	**Fried in Peanut Oil	**Fried in Peanut Oil