

January 2024

LAKE SHERWOOD VILLAGE

Happy
New Year

Let Us Toast to Leisure Living in 2024



4101 Plaza Tower Drive
Baton Rouge, LA 70816
225-296-0803



Around The Lake

Resident Birthdays

- | | |
|-----------------------|----------------------|
| 1/1 Alethia Allen | 1/22 Debra Aguillard |
| 1/2 Anne Bartol | 1/22 Nevelyn Breaux |
| 1/6 Linda Legg | 1/26 Carrie Holen |
| 1/7 Wanda Sue May | 1/26 Betty Vicaro |
| 1/9 Patricia Morris | 1/27 Denis Guillaume |
| 1/9 Marlene Brumfield | 1/28 Janet Farmer |
| 1/16 Cheryl Geiger | 1/30 Merle McDowell |
| 1/21 Lowell Abbott | 1/31 Anna Peeler |
| 1/22 Dick Bartol | |

Employee Birthdays



- 1/6 Bri Morgan
- 1/13 Rhonda Herring
- 1/17 Keena Righteous
- 1/20 Cherlene Hankton



Regularly Scheduled Activities



- Sit and Fit- Mon., Wed., and Fri. at 9:30
- Pledge - Mondays at 10:00
- Walmart - Thursdays at 8:45
- Town Hall - 1/25 at 1:30
- Birthday Party -1/30 at 2:00
- Bingo - M/W/F at 2:00, Sunday at 1:30
- Bouree - Tuesdays at 2:00
- Catholic Mass - Saturdays at 4:00
- Bell Choir - 1/3, 1/17,1/30 at 10:30

Happy New Year



JANUARY 2024

Sun.

Mon.

Tues.

Wed.

Thurs.

Fri.

Sat.



1
Happy New Year!
Staff Holiday.

2
9:30 - Poker
9:30 - Bible Study
2:00 - Bouree

3
9:30 - Sit & Fit
10:30 Bell Choir
2:00 - BINGO

4
National Spaghetti Day
8:45 - Walmart
2:00 Shuffleboard

5
9:30 - Sit & Fit
1:00 - Exercise Video (Ch. 1960)
2:00 - BINGO
3:15 - Chair Zumba Video

6
10:00 - Tai Chi (1960)
2:00 - Movie - Grumpy Old Men
3:15 - Rosary
4:00 - Catholic Mass

7
10:00 - Tai Chi
1:30 - BINGO
2:00 - Movie - Grumpy Old Men
Saints 12 (TBD)

8
9:30 - Sit & Fit
10:00 - Pledge
2:00 - BINGO
3:15 - Chair Zumba Video

9
7:30 - John's Auto Detail
9:30 - Poker
9:30 - Bible Study
10:45 - FBC w/ Lo
2:00 - Bouree

10
9:30 - Sit & Fit
10:00 - AVON
12:30 - Library
2:00 - BINGO

11
8:45 - Walmart
2:00 - Living Well 2024: Fall Prevention

12
9:30 - Sit & Fit
1:00 Exercise Video (Ch. 1960)
2:00 - BINGO
3:15 - Chair Zumba Video

13
10:00 - Tai Chi (1960)
2:00 - Movie - The King and I
3:15 - Rosary
4:00 - Catholic

14
10:00 - Tai Chi
1:30 - BINGO
2:00 - Movie - The King and I

15
Martin Luther King, Jr. Day
9:30 - Sit & Fit
10:00 - Pledge
2:00 - BINGO
3:15 - Chair Zumba Video

16
9:30 - Poker
9:30 - Bible Study
2:00 - Bouree
3:00 - Hot Coco Meet & Greet w/ Centerwell

17
9:30 - Sit & Fit
10:30 Bell Choir
2:00 - BINGO

18
8:45 - Walmart
2:00 Music Entertainment By Ron Pennington

19
National Popcorn Day
9:30 - Sit & Fit
1:00 - Exercise Video (Ch. 1960)
2:00 - BINGO
3:15 - Chair Zumba Video

20
Mass
10:00 - Tai Chi
2:00 - Movie - Fried Green Tomatoes
3:15 - Rosary
4:00 - Catholic

21
10:00 - Tai Chi (1960)
1:30 - BINGO
2:00 - Movie - Fried Green Tomatoes

22
9:30 - Sit & Fit
10:00 - Pledge
2:00 - BINGO
3:15 - Chair Zumba Video

23
7:30 - John's Auto Detail
9:30 - Poker
9:30 - Bible Study
2:00 - Bouree
2:00 - Living Well 2024: Memory Care

24
9:30 - Sit & Fit
10:00 - AVON
12:00 - Library
2:00 - BINGO

25
8:45 - Walmart
1:30 - Town Hall
2:30 - Line Dancing

26
9:30 - Sit & Fit
1:00 - Exercise Video (Ch. 1960)
2:00 - BINGO
3:15 - Chair Zumba Video

27
Mass
10:00 - Tai Chi
2:00 - Movie - The Odd Couple
3:00 - Rosary
4:00 - Catholic Mass

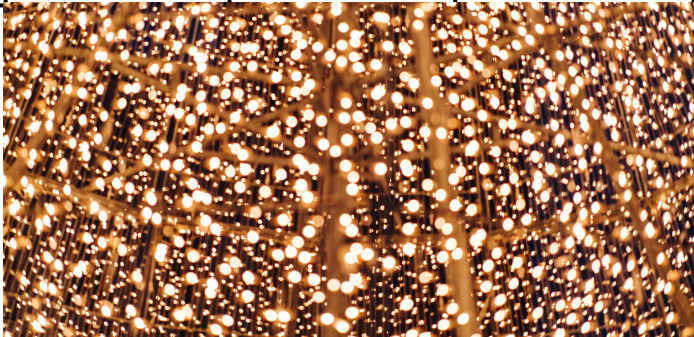
28
10:00 - Tai Chi
1:30 - BINGO
2:00 - Movie - The Odd Couple

29
National Puzzle Day
9:30 - Sit & Fit
10:00 - Pledge
2:00 - BINGO
3:15 - Chair Zumba Video

30

9:30 - Poker
9:30 - Bible Study
2:00 - Birthday Party w/ Brett Boswick

31
9:30 - Sit & Fit
10:30 Bell Choir
2:00 - BINGO



Looking Back At 2023

