



February 2025
Lake Sherwood Village

Join us for our annual
MARDI GRAS BALL

ON THURSDAY, FEBRUARY 27TH 5:30-7:30

*featuring the band Poo-Yai
with plenty of food and fun!*

Lake Sherwood Village
4101 Plaza Tower Drive,
Baton Rouge, LA 70816
225-296-0803



Around The Lake

February Resident Birthdays

2/2 Delores Leto

2/8 Toni Tullier

2/11 Martha Minish

2/15 Nancy Cross

2/17 Pat Hegee

2/26 Dot Mire

February Employee Birthdays

2/15 Cheryl Jarvis

2/28 Lorraine Fleming



New At Lake Sherwood Village This Month

Does your New Year's Resolutions include a healthier lifestyle?

We will introduce 3 new options for exercise available in February:

Chair OR Standing Dance Fitness - This live program debuts on Thursday, February 13 @ 10 AM.

Chair Yoga - Senior/basic stretching available on Channel 1991 on Saturdays and Sundays @ 10 AM.

Senior Fitness/Exercise - Exercises for balance, flexibility, and strength available on Fridays at 1 PM on Channel 1991.

More information on each program will be delivered to you.



February 2025

Sun.

Mon.

Tues.

Wed.

Thurs.

Fri.

Sat.



<p>2</p> <p>9:00 - Protestant Services Live Stream 10:00 - Chair Yoga (Channel 1991) 1:00 - BINGO 2:00 - Movie - Senior Moment</p>	<p>3</p> <p>9:30 - Sit & Fit 10:05 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 4:00 Movie - Cabrini (Channel 1991)</p>	<p>4</p> <p>7:30 - John's Auto Detail 9:30 - Poker 9:30 - Bible Study 2:00 - Bouree</p>	<p>5</p> <p>9:30 - Sit & Fit 10:00 - Farmers Market 10:30 - Bell Choir 2:00 - BINGO</p>	<p>6</p> <p>8:45 - Walmart  1:00 - Dollar Tree 3:00 - Coffee Chat</p>	<p>7</p> <p>9:30 - Sit & Fit 1:00 Exercise Video (Ch. 1991) 2:00 - FIRST FRIDAY BINGO</p>	<p>8</p> <p>10:00 - Chair Yoga (Channel 1991) 2:00 - Movie - Valentine's Day 3:15 - Rosary 4:00 - Catholic Mass</p>
<p>9</p> <p>9:00 - Protestant Services Live Stream 10:00 - Chair Yoga (Channel 1991) 1:00 - BINGO  2:00 - Movie - Valentine's Day 5:30 - Superbowl Party</p>	<p>10</p> <p>9:30 - Sit & Fit 1:00 - Catholic Faith Study 2:00 - BINGO 3:00 - Resident Council Meeting 4:00 Movie - Therese (Channel 1991)</p>	<p>11</p> <p>9:30 - Poker 10:30 - Senior Luncheon w/ Lo 2:00 - Bouree </p>	<p>12</p> <p>9:30 - Sit & Fit 10:00 - AVON 12:30 - Library 2:00 - BINGO</p>	<p>13</p> <p>8:45 - Walmart 10:00 - Chair/Stand Dance Fitness 6:00 - Kiwanis Bingo</p>	<p>14</p> <p>Valentine's Day 9:30 - Sit & Fit 1:00 - Exercise Video (Ch. 1991) 2:00 - Valentine's Day/ Birthday Party </p>	<p>15</p> <p>10:00 - Chair Yoga (Channel 1991) 2:00 - Movie - Letters to Juliet 3:15 - Rosary 4:00 - Catholic Mass</p>
<p>16</p> <p>9:00 - Protestant Services Live Stream 1:00 - BINGO 2:00 - Movie - Letters to Juliet</p>	<p>17</p> <p> 9:30 - Sit & Fit 10:05 - Pledge 1:00 - Catholic Faith Study 2:00 - Live from Las Vegas w/ Jonny Bird 4:00 Movie - Song of Bernadette</p>	<p>18</p> <p>7:30 - John's Auto Detail  9:30 - Poker 9:30 - Bible Study 10:30 - Lunch w/ Lo 2:00 - Bouree</p>	<p>19</p> <p>9:30 - Sit & Fit 10:30 - Bell Choir 2:00 - BINGO</p>	<p>20</p> <p>Pretty Plate Day 8:45 - Walmart 1:30 - Town Hall 2:30 - Shuffleboard </p>	<p>21</p> <p>9:30 - Sit & Fit 1:00 - Exercise Video (Ch. 1991) 2:00 - BINGO</p>	<p>22</p> <p>10:00 - Chair Yoga (Channel 1991) 2:00 - Movie - Our Souls at Night 3:15 - Rosary 4:00 - Catholic Mass</p>
<p>23</p> <p>9:00 - Protestant Services Live Stream 1:00 - BINGO 2:00 - Movie - Our Souls at Night</p>	<p>24</p> <p>9:30 - Sit & Fit 10:05 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 4:00 Movie - Mother Teresa (Channel 1991)</p>	<p>25</p> <p>9:30 - Poker 9:30 - Bible Study 2:00 - Bouree </p>	<p>26</p> <p>9:30 - Sit & Fit 10:00 - AVON 12:30 - Library 2:00 - BINGO</p>	<p>27</p> <p>5:30 - 7:30 Mardi Gras Ball </p>	<p>28</p> <p>9:30 - Sit & Fit 1:00 - Exercise Video (Ch. 1991) 2:00 - BINGO</p>	<p>AIN'T NO PARTY LIKE MARDI GRAS </p>

Flash Back to December & January

