



# October

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>8</b></p> <p>Brown Sugar Glazed Ham</p> <p>OR</p> <p>Blackened Chicken</p> <p>Broccoli Rice Casserole</p> <p>Seasoned Spinach</p> <p>Wheat Roll</p> 	<p><b>9</b></p> <p>Monterey Chicken</p> <p>OR</p> <p>Red Beans &amp; Sausage</p> <p>Fluffy Rice</p> <p>Seasoned Zucchini</p> <p>Cornbread</p>	<p><b>10</b></p> <p>Baked Ziti w/Meat Sauce</p> <p>OR</p> <p>Salmon Florentine Pasta</p> <p>Parmesan Roasted Broccoli</p> <p>Breadstick</p>	<p><b>11</b></p> <p>Sliced Pork w/Gravy</p> <p>OR</p> <p>Baked Fish</p> <p>Baked Potato</p> <p>Seasoned Green Beans</p> <p>Wheat Roll</p>	<p><b>12</b></p> <p><b>**Neil's Famous Fried Chicken</b></p> <p>OR</p> <p>Braised Lemon Herb Chicken</p> <p>Herbed Red Potatoes</p> <p>Seasoned Vegetables</p> <p>Yeast Roll</p>	<p><b>13</b></p> <p><b>**Beer Battered Fish</b></p> <p>OR</p> <p>BBQ Pulled Pork</p> <p>Squash Casserole</p> <p>Seasoned Greens</p> <p>Garlic Bread</p>	<p><b>14</b></p> <p>Beef Stroganoff</p> <p>OR</p> <p>Smothered Pork Tips</p> <p>Egg Noodles</p> <p>Green Beans w/Pimento</p> <p>Wheat/White Roll</p> 
				**Fried in Peanut Oil	**Fried in Peanut Oil	