

February 2024  
LAKE SIERRA WOOD VILLAGE

# Mardi Gras Ball

Thursday, February 8th  
5:30-7:30 PM

4101 Plaza Tower Drive  
Baton Rouge, LA 70816  
225-296-0803



# Around The Lake

## Resident Birthdays



- 2/2 Marilyn Rye
- 2/2 Delores Leto
- 2/2 Alice Parrino
- 2/11 Martha Minish
- 2/17 Pat Hegee
- 2/26 Dot Mire



## Employee Birthdays

- 2/28 Lorraine Fleming

## Regularly Scheduled Activities



- Sit and Fit- Mon., Wed., and Fri. at 9:30
- Pledge - Mondays at 10:00
- Walmart - Thursdays at 8:45
- Town Hall - 2/29 at 1:30
- Birthday Party - 2/22 at 2:00
- Bingo - M/W/F at 2:00, Sunday at 1:30
- Bouree - Tuesdays at 2:00
- Catholic Mass - Saturdays at 4:00
- Bell Choir - 2/7 & 2/21 at 10:30

## Why King Cake?



The story of these glazed and frosted pastries dates back to the Medieval Times, when French, Belgian, and Spanish cultures commemorated the 12th day of Christmas with gifts and sweets. Biblically, the kings during this time would have been visiting the newborn baby Jesus, bringing gifts and sweets of their own. That's where the "king" in king cake comes from.

Today, the cakes are fried and doughy, glazed and frosted, typically in the Mardi Gras colors. They're usually circular and braided, to resemble a King's crown. Most cakes are baked with a tiny baby figurine on the inside, and whomever finds the toy, as tradition holds, must host the next big party.

# FEBRUARY 2024

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

							<b>1</b> <i>National Wear Red Day</i> <b>2</b> 8:45 - Walmart 2:00 - Dollar Tree	<b>3</b> 10:00 - Tai Chi (1960) 2:00 - Movie - Man From Snowy River 3:15 - Rosary 4:00 - Catholic Mass
							<b>4</b> 10:00 - Tai Chi 1:30 - BINGO 2:00 - Movie - Man From Snowy River	<b>5</b> 9:30 - Sit & Fit 10:00 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 3:15 - Chair Zumba Video
<b>11</b> 10:00 - Tai Chi 1:30 - BINGO 2:00 - Movie - Arsenic & Old Lace                  6:30 - Superbowl Watch Party	<b>12</b> 9:30 - Sit & Fit 10:00 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 3:15 - Chair Zumba Video	<b>13</b> 7:30 - John's Auto Detail  Staff Holiday	<i>Ash</i> <b>14</b> <i>Wednesday &amp; Valentine's Day</i> 9:00 Ash Wednesday Mass 10:00 - AVON 12:30 - Library 2:00 - BINGO	<b>15</b> 8:45 - Walmart 2:00 - Valentine's Day Party ft. Ron Pennington	<b>16</b> 9:30 - Sit & Fit 1:00 - Exercise Video (Ch. 1960) 2:00 - BINGO 3:15 - Chair Zumba Video	<i>National Random Acts of Kindness Day</i> <b>17</b> 10:00 - Tai Chi 2:00 - Movie - LaLa Land 3:15 - Rosary 4:00 - Catholic Mass		
<b>18</b> 10:00 - Tai Chi (1960) 1:30 - BINGO 2:00 - Movie - La La Land	<b>19</b> 9:30 - Sit & Fit 10:00 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 3:15 - Chair Zumba Video	<b>20</b> 9:30 - Poker 9:30 - Bible Study 9:30 - Casino Bus Trip 2:00 - Bouree	<b>21</b> 9:30 - Sit & Fit 10:30 Bell Choir 2:00 - BINGO	<b>22</b>  8:45 - Walmart 2:00 - Birthday Party Party ft. DJ De De	<b>23</b> <i>National Banana Bread Day</i> 9:30 - Sit & Fit 1:00 - Exercise Video (Ch. 1960) 2:00 - BINGO 3:15 - Chair Zumba Video	<b>24</b> 10:00 - Tai Chi 2:00 - Movie - The Notebook 3:00 - Rosary 4:00 - Catholic Mass		
<b>25</b> 10:00 - Tai Chi 1:30 - BINGO 2:00 - Movie - The Notebook	<b>26</b> 9:30 - Sit & Fit 10:00 - Pledge 1:00 - Catholic Faith Study 2:00 - BINGO 3:15 - Chair Zumba Video	<b>27</b> 7:30 - John's Auto Detail 9:30 - Poker 9:30 - Bible Study 10:45 - Lunch w/ Lo 2:00 - Estate Planning with Progency Law Firm	<b>28</b> 9:30 - Sit & Fit 10:00 - AVON 12:30 - Library 2:00 - BINGO	<b>29</b> 8:45 - Walmart 10:00 - Living Well In 2024: Heart Health/ Centerwell 1:30 - Town Hall 2:15 - Shuffleboard				

# January Memories

